

# Food For Children

## CHOSEN BY CHILDREN

It is very important to us that children enjoy the food we serve. Eating a balanced meal results in improved concentration and provides energy to get through a busy day. That's why we have listened to what you want see on our menus.

### Our Customer Promise

#### Our commitment to provide the best service everyday

- ✓ Our meals meet, and even exceed, current nutritional guidelines.
- ✓ Our meals contain food marked with a wide range of quality UK standards
- ✓ Our staff are qualified professionals. Qualifications include basic hygiene, health and safety, catering and management skills.
- ✓ Our staff are parents too, so we understand fussy eaters, allergies and will always ensure your child has a meal they will enjoy.
- ✓ We will provide a 2 course meal and a drink every day for a set price.
- ✓ We welcome your feedback to help us improve the service we provide.

### FREE Free Meals IN HALTON

ALL pupils in reception, years 1 & 2 are eligible to a free school meal, but your older children could be entitled too.

If you are in receipt of certain benefits or have a household income below the Government threshold you could be entitled.

For Free School Meal Information Contact  
**Student Services Team**

Tel: 0151 511 7188

Halton Direct Link in Runcorn/Widnes

Visit: [www.halton.gov.uk/schoolmeals](http://www.halton.gov.uk/schoolmeals)

Free School Meals Applications:  
[RutlandHouseSharedAdminTeam@halton.gov.uk](mailto:RutlandHouseSharedAdminTeam@halton.gov.uk)

Please Note:  
Occasionally for reasons beyond our control we may have to alter the menu



# school meals

Winter 2023 - Summer 2024



[www.halton.gov.uk/schoolmeals](http://www.halton.gov.uk/schoolmeals)



		Week 1	Week 2	Week 3
Monday	Main	<b>Brunch</b> Sausage, Hash Brown, Omelette/ Scrambled Egg <b>Vegetarian Brunch</b> Quorn Sausage, Hash Brown, Omelette/Scrambled Egg	<b>Pork &amp; Carrot Meatballs (x4)</b> served with herby potatoes <b>Vegan Sausage Roll</b> served with herby potatoes	<b>Chicken Korma Curry</b> served with 50/50 rice and homemade naan balls <b>Tomato &amp; Basil Pasta Bake</b> served with homemade garlic dough balls
	Vegetable	Baked Beans, Salad Bar	Spaghetti Hoops, Salad Bar	Green Beans, Salad Bar
	Dessert	Angel Whip, Fresh Fruit, Cheese & Crackers	Ice Cream Roll, Fresh Fruit, Yoghurt	Homemade Raspberry Bun, Fresh Fruit,
Tuesday	Main	<b>Homemade Minced beef pie</b> served with boiled potatoes <b>Homemade Vegetarian Enchiladas</b> served with side salad	<b>Homemade Pasta Bolognaise</b> served with a homemade garlic triangle <b>Homemade Cheese &amp; Rice Flan</b> served with boiled potatoes	<b>Homemade Beef Burger in a Bun</b> served with saluted potatoes <b>Oven Baked Veggie Balls</b> served with sautéed potatoes
	Side	Mixed Vegetables, Salad Bar	Sweetcorn & Peas, Salad Bar	Garden Peas, Salad Bar
	Dessert	Homemade Iced Finger, Fresh fruit	Fruit Flapjack, Fresh Fruit	Lemon Drizzle Muffin, Fresh Fruit
Wednesday	Main	<b>Roast Turkey Dinner</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy <b>Quorn Sausage</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy	<b>Roast Gammon Dinner</b> with Pineapple, Roast/Mash Potatoes & Gravy <b>Quorn Sausage</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy	<b>Roast Turkey Dinner</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy <b>Quorn Sausage</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy
	Side	Carrots & Broccoli	Carrots & Broccoli	Carrots & Broccoli
	Dessert	Iced Carrot Cake Muffin, Fresh Fruit	Fruit Muffin, Fresh Fruit Mix,	Jelly & Ice Cream, Fresh Fruit
Thursday	Main	<b>Deli Day</b> selection of filled Wraps & Sandwiches served with oven baked potato wedges <b>Filled Jacket Potatoes</b> served with a side salad	<b>Deli Day</b> selection of filled Wraps & Sandwiches served with oven baked potato wedges <b>Filled Jacket Potatoes</b> served with a side salad	<b>Deli Day</b> selection of filled Wraps & Sandwiches served with oven baked potato wedges <b>Filled Jacket Potatoes</b> served with a side salad
	Side	Salad Bar	Salad Bar	Salad Bar
	Dessert	Jelly & Ice Cream, Fresh Fruit, Yoghurt	Melting Moment & Wedge of Fruit, Fresh Fruit	Homemade Ginger Biscuit & Wedge of Fruit, Fresh Fruit
Friday	Main	<b>MEAT FREE FRIDAYS</b> <b>Fillet Fish Fingers (x2)</b> served with chips <b>Our Famous Homemade Margherita Pizza</b> served with chips	<b>MEAT FREE FRIDAYS</b> <b>Fish Stars (x2) or Non-Fried Salmon Fillet</b> served with chips <b>Our Famous Homemade Margherita Pizza</b> served with chips	<b>MEAT FREE FRIDAYS</b> <b>Fillet Fish Fingers (x2)</b> served with chips <b>Our Famous Homemade Margherita Pizza</b> served with chips
	Side	Garden Peas, Salad Bar	Mushy Peas, Salad Bar	Baked Beans, Salad Bar
		Week 1	Week 2	Week 3
		04/09 25/09 16/10 13/11 04/12 01/01 22/01 19/02 11/03 15/04 06/05 03/06 24/06 15/07	11/09 02/10 23/10 20/11 11/12 08/01 29/01 26/02 18/03 22/04 13/05 10/06 01/07	18/09 09/10 06/11 27/11 18/12 15/01 05/02 04/03 25/03 29/04 20/05 17/06 08/07

Meat free: Gluten Free: Served Daily: Filled Jacket Potatoes with a daily choice of various fillings Salad Bar - - includes 5 fresh Salad items Assorted Breads Daily Drinks: Chilled Milk, Mishake and Water