

PSHE Whole School KS1 Objectives				
Term 1.1 Awe and Wonder				
Vocab	Key Questions	Knowledge	Outcomes	Other Aspects of RSE
Awe Wonder World Human Feelings words e.g., frustration, contentment Experience Environment Sacred Curious Imagination Reflection Myths/mysteries Inspiring Daydreaming Nature Music	What makes us feel awe? What are our big questions in life? What does it mean to be human? What makes something sacred? How can I bring more awe and wonder into my life? What makes me a wonder?	Core Theme: Health and Well-Being: KS1: Pupils learn: to talk about different feelings that humans can experience. about ways of sharing feelings, a range of words to describe feelings. how to recognise what others might be feeling. about different feelings that humans can experience. that not everyone feels the same at the same time, or feels the same about the same things. when to recognise when I need help with feelings; that it is important to ask for help with feelings; and how to ask for it. about different feelings that humans can experience.	Pupils will engage and explore their sense of curiosity, inviting and exploring the feeling of awe and wonder into our everyday lives. Pupils will reflect on the sensations of awe whilst exploring some of the triggers for this feeling, focusing in particular our emotional responses to the extraordinary world we are part of.	Whole school emotions check ins in all classrooms. Antibullying Charters. School council votes/choose class electives. Junior Safety Officers. Antibullying ambassadors.

		<p>to recognise when they need help with feelings; that it is important to ask for help with feelings; and how to ask for it.</p> <p>Core Theme: Relationships: KS1: Pupils learn: how to talk about and share their opinions on things that matter to them.</p> <p>Core Theme: Living in the Wider World: KS1: about things they can do to help look after their environment. to recognise the ways they are the same as, and different to, other people: that everyone has different strengths. to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own. how to discuss and debate topical issues, respect other people's point of</p>		
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		view and constructively challenge those they disagree with.		
Term 1.2 Social Media				
Vocab	Key Questions	Knowledge	Outcomes	Other Aspects of RSE
Social media Friendship Communication Devices Safe Social media platforms Age restrictions Connect Photo editing Friends followers Filters Mood Health Communication Online Safety Rules Messages Sending and receiving Fake news Sources Trustworthy Mental health Online Offline	How have humans communicated over time? What are some of the opportunities and challenges of communicating online? How can we stay safe when interacting online? What does a healthy relationship with social media look like? How can we use social media as a tool, not a crutch?	Core Theme: Health and Wellbeing: KS1: Pupils learn: about different ways to learn and play; recognising the importance of knowing when to take a break from time online or TV. about different feelings that humans can experience. how to recognise what others might be feeling. to recognise that not everyone feels the same at the same time, or feels the same about the same things. about ways of sharing feelings; a range of words to describe feelings. to recognise when they need help with feelings; that it is important to ask	Lesson will explore how and why we communicate, thinking about some of the ways that we have developed communications over human history. Pupils will explore some of the different ways that social media impacts our lives, thinking about the benefits as well as some of the challenges, learning how to have healthier relationships with social media.	Anti-bullying Week 2023 St John's Ambulance First Aid Lessons

		<p>for help with feelings; and how to ask for it.</p> <p>about rules and age restrictions that keep us safe.</p> <p>basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them.</p> <p>Core Theme: Relationships: KS1: Pupils Learn: how to ask for help if a friendship is making them feel unhappy. that sometimes people may behave differently online, including by pretending to be someone they are not.</p> <p>Core Theme: Living in the Wider World: KS1: Pupils Learn: about how the internet and digital devices can be used safely to find things</p>		
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		<p>out and to communicate with others.</p> <p>about the role of the internet in everyday life.</p> <p>that not all information seen online is true.</p>		
Term 2.1 Equality and Justice				
Vocab	Key Questions	Knowledge	Outcomes	Other aspects of RSE
<p>Equality</p> <p>Justice</p> <p>History</p> <p>Race</p> <p>Social construct</p> <p>Inequality</p> <p>Fairness</p> <p>Gender Inequality</p> <p>Communicate</p> <p>Rights</p> <p>Society</p> <p>Discrimination</p> <p>Intersectionality</p> <p>Personal Identity</p> <p>Ecosystem</p> <p>Interconnected</p> <p>Global Changemakers</p> <p>Sustainable</p> <p>Slavery</p> <p>Colonialism</p> <p>Racial Stereotype</p>	<p>What is equality?</p> <p>What is justice?</p> <p>What is the history of race as a social construct?</p> <p>How has inequality spread across our world?</p> <p>What has this meant?</p> <p>What does justice mean and why is it important?</p> <p>How can we practice fairness and equity?</p>	<p>KS1:</p> <p>Relationships:</p> <p>Pupils learn:</p> <p>how to talk about and share their opinions on things that matter to them.</p> <p>Living in the Wider World:</p> <p>KS1:</p> <p>Pupils learn:</p> <p>about things they can do to help look after their environment.</p> <p>that everyone has different strengths.</p>	<p>Lessons will examine the meaning of equality, justice and fairness, helping pupils to understand these ideas in their own lives as well as in the wider world.</p> <p>Pupils will explore of inequality in our communities and societies and understand how these can affect the wider communities, including exploring and discussing race, culture, diversity and equality for the natural world.</p>	

Term 2.2 Kindness and Care				
Vocab	Key Questions	Knowledge	Outcomes	Other aspects of RSE
Kindness Care Feel good hormones Hormones Endorphins Oxytocin Serotonin Giving Receiving Witnessing Infectiousness Kind Unkind Bullying	How does kindness impact our lives? How does it make us feel and act? What makes kindness infectious? What is altruism? Why is it good for us? How can we nurture compassionate values and practices? What does it mean to create a culture of kindness and care?	Core Theme: Health and Well-Being – KS1: Pupils learn ... talk about different feelings that humans can experience. about ways of sharing feelings; a range of words to describe feelings. how to recognise what others might be feeling. about different feelings that humans can experience. that not everyone feels the same at the same time, or feels the same about the same things. when to recognise when I need help with feelings; that it is important to ask for help with feelings; and how to ask for it. about different feelings that humans can experience. to recognise when they need help with feelings; that it is important to ask	Lessons will examine and explore the feelings and impact of kindness on our lives, communities and wider world, exploring the infectiousness of kindness and compassion. Pupils will explore some of the impacts both giving and receiving kindness and understand how powerful, kindness and care (self-care, people-care and earth care) and in our lives.	

		<p>for help with feelings; and how to ask for it.</p> <p>Core Theme: Relationships: KS1: Pupils learn: how to talk about and share their opinions on things that matter to them.</p> <p>Core Theme: Living in the Wider World KS1: Pupils learn: about things they can do to help look after their environment. to recognise the ways they are the same as, and different to, other people. that everyone have different strengths.</p>		
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Term 3.1 Earth Care Topics: Changing Climate				
Vocabulary	Key Questions	Knowledge	Outcomes	Other Aspects of RSE
Climate change Climates Cause and effect Greenhouse gases Weather Habitats	What is climate change and why are our climates changing? What are fossil fuels and why are they being phased out?	Core Theme: Health and Well & Wellbeing KS1 Pupils learn: to recognise when they need help with feelings; that it is important to ask	Lessons will use stories, deep time and metaphors to introduce learning about the cause & effect of climate change on ourselves and the world.	

<p>Impact</p> <p>Climate zones</p> <p>Plants</p> <p>Animals</p> <p>Fossil fuels</p> <p>Industrial revolution</p> <p>Campaign</p> <p>Consumption</p> <p>Pledge</p>	<p>What are the impacts of the climate crisis on human and non-human communities around the world?</p> <p>What can we learn from others about healthier futures for people & planet?</p> <p>What are some of the actions and behaviours making a difference?</p> <p>What is happening in our communities and how can we 'be the change'?</p>	<p>for help with feelings; and how to ask for it.</p> <p>about ways of sharing feelings; a range of words to describe feelings.</p> <p>to recognise that not everyone feels the same at the same time, or feels the same about the same things.</p> <p>how to recognise what others might be feeling.</p> <p>Core Themes:</p> <p>Relationships: KS1</p> <p>Pupils learn:</p> <p>how to talk about and share their opinions on things that matter to them.</p> <p>Core Themes:</p> <p>Living in the wider worlds: KS1</p> <p>Pupils learn:</p> <p>about things they can do to help look after their environment.</p> <p>to recognise the ways they are the same as, and different to, other people.</p> <p>that everyone has different strengths.</p>	<p>Pupils will explore and understand the impact of climate change on human and non-human communities and engage with thoughts and feelings that many are experiencing to inspire positive actions and responses moving forward.</p>	
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Term 3.2 Earth Care Topics: Food				
Vocabulary	Key Questions	Knowledge	Outcomes	Other Aspects of RSE
Healthy eating Ingredients Processes Sugar Food miles In season Food waste Waste solution Food system Ingredients Fast food Food culture Communities Best before Sell by Food rescue significance	Where does food come from? What is the history of our food habits? How does food shape our identity? How can we learn to be less wasteful with our food? What can we do in the future to be eating sustainably and have enough food for everyone to eat?	Core theme: Health and Wellbeing: KS1 Pupils learn: about what keeping healthy means; different ways to keep healthy about foods that support good health and the risks of eating too much sugar about different feelings that humans can experience how to recognise what others might be feeling about ways of sharing feelings; a range of words to describe feelings to recognise when they need help with feelings; that it is important to ask for help with feelings; and how to ask for it Core theme: Relationships: KS1: Pupils learn:	Lessons will engage with our food habits and food systems, zooming out to look at some of the social behaviours around eating as well as exploring the many types of food that we consume. Pupils will be invited to explore the food choices around them, understanding and connecting with some of the links between land, food and culture.	

		<p>how to talk about and share their opinions on things that matter to them</p> <p>Core theme: Living in the Wider World: KS1: about things they can do to help look after their environment to recognise the ways they are the same as, and different to, other people</p>		
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