

PE Year 5.6				
Term 1.1				
Sport	Vocabulary	Key Skills	Outcomes	Sport Specific knowledge
Swimming	•	•	•	
Gymnastics	<ul style="list-style-type: none"> • Excellent gymnastics • Flow • Levels • Matching • Mirroring • Unison • Canon 	<ul style="list-style-type: none"> • Pupils will create a sequence containing both matching and mirroring movements, executed with accuracy and fluidity using a range of apparatus. • Pupils will effectively apply life skills such as evaluation and decision making as they identify strengths and weaknesses in their sequences and find ways to improve. 	<ul style="list-style-type: none"> • The unit of work will focus on applying "excellent gymnastics" through matching and mirroring movements. • Pupils will create a sequence of movements, bringing together a combination of both matching and mirroring movements, to create a sequence. 	
Term 1.2				
Sport	Vocabulary	Key Skills	Outcomes	Sport Specific knowledge

Dance	<ul style="list-style-type: none"> • Excellent dancers • Expression • Creativity • Emotion • Motif • Compositional • Improvisation 	<ul style="list-style-type: none"> • Pupils can perform accurately and convincingly in character with big bold actions. • Pupils can perform with flow and include a change of level and dynamic. • Pupils will consolidate their ability to evaluate their own and others' performances. • Pupils will apply effective decision making as they construct their sequences. 	<ul style="list-style-type: none"> • The unit of work will challenge pupils to create movement using improvisation, to select and choreograph ideas into a sequence. • Pupils will be able to use their bodies to perform technical movements with control and balance and good dynamics, concluding with an opening ceremony performance. 	
Dodgeball	<ul style="list-style-type: none"> • Tactics • Transition • Referee • Back/end line • Centre line • Retriever 	<ul style="list-style-type: none"> • Pupils will refine their application of dodging, throwing, jumping, ducking and catching. Pupils will be able to switch fluidly between attacking and defending • Pupils will demonstrate 	<ul style="list-style-type: none"> • Pupils will refine their understanding of attacking and defending, applying skills and creating tactics during a game. • Pupils will take responsibility for officiating and managing their own games. 	

		resourcefulness and reflective skills by creating a range of attacking and defending tactics and adapting these when necessary.		
Term 2.1				
Sport	Vocabulary	Key Skills	Outcomes	Sport Specific Knowledge
Tag Rugby	<ul style="list-style-type: none"> • Tactics • Transition • Offside • Formations • Knock on 	<ul style="list-style-type: none"> • Pupils will apply a refined understanding of the skills required for 	<ul style="list-style-type: none"> • Pupils will consolidate their understanding of attacking and defending. 	

	<ul style="list-style-type: none"> • Advantage 	<p>both attacking and defending.</p> <ul style="list-style-type: none"> • Pupils will switch fluidly between attack and defence as possession changes. • Pupils will demonstrate resourcefulness and problem solving skills by creating a range of attacking and defending tactics, applying these to their games. 	<ul style="list-style-type: none"> • Pupils will create tactics for both attack and defence and apply them into game situations, adapting them when necessary. 	
Communication and tactics	<ul style="list-style-type: none"> • Communication • Tactics • Teamwork • Strategy • Leadership • Team Member 	<ul style="list-style-type: none"> • Pupils will work within teams to consolidate effective strategies and tactics in order to complete the different problem solving challenges successfully. • Pupils will be able to think tactically and create, evaluate and refine tactics for completing the challenges. 	<ul style="list-style-type: none"> • The unit of work will consolidate pupil's ability to apply effective teamwork through different problem-solving challenges • Throughout the unit, there will be a focus on pupils consolidating effective communication skills, applying these within 	

			teams and when leading teams	
Term 2.2				
Sport	Vocabulary	Key Skills	Outcomes	Sport Specific Knowledge
Rounders	<ul style="list-style-type: none"> • Tactics • Fielder • Bowler • Run out • Out fielder • Umpire 	<ul style="list-style-type: none"> • Pupils will apply a refined ability to consistently execute throwing, catching, retrieving and batting skills. • Pupils will demonstrate resourcefulness and 	<ul style="list-style-type: none"> • Pupils will learn to consistently apply effective tactics for both batting and fielding. • Pupils will utilise their prior knowledge of batting and fielding tactics and consider 	

		problem solving skills by creating a range of tactics, applying these to their games.	when, where and why they will apply these during a game.	
Problem Solving	<ul style="list-style-type: none"> • Communication • Tactics • Teamwork • Strategy • Leadership • Team member • Trust 	<ul style="list-style-type: none"> • Pupils will apply a refined understanding of passing and moving to score points against another team. • Pupils will be able to think tactically and create, evaluate and refine tactics for completing the challenges. 	<ul style="list-style-type: none"> • The unit of work will consolidate pupil's ability to apply effective teamwork through different problem-solving challenges. Throughout the unit, there will be a focus on pupils' ability to lead others, applying skills essential to working within a team as well as create, evaluate and adapt tactics. 	

Term 3.1				
Sport	Vocabulary	Key Skills	Outcomes	Sport Specific Knowledge
Hockey	<ul style="list-style-type: none"> • Tactics • Attack • Defending • Counter attack • Free hit 	<ul style="list-style-type: none"> • Pupils will apply a refined understanding of attacking skills when in possession and utilise effective defensive skills to regain possession. • Pupils will demonstrate create a range of attacking and defending tactics, applying 	<ul style="list-style-type: none"> • Pupils will learn to consistently apply effective attacking skills, applying decision making in order to keep possession and score. • Pupils will in turn apply pressure when defending to regain possession effectively 	

		these to their games and adapting when applicable.		
Netball	<ul style="list-style-type: none"> • Tactics • Transition • Umpire • Netball positions • Marking 	<ul style="list-style-type: none"> • Pupils will apply a refined understanding of attacking skills and defensive skills, that will be executed accurately and consistently. • Pupils will demonstrate resourcefulness and problem solving skills by creating, applying and then adapting a range of attacking and defending tactics. 	<ul style="list-style-type: none"> • Pupils will consolidate their understanding of the principles of attack and defence. They will consistently apply a range of effective passes, in order to keep possession and score. • Pupils will in turn apply pressure when defending to regain possession quickly. 	

Term 3.2				
Sport	Vocabulary	Key Skills	Outcomes	Sport Specific Knowledge
Athletics – running, jumping and throwing	<ul style="list-style-type: none"> • Tactics • Teamwork • Speed • Distance • False start • Events 	<ul style="list-style-type: none"> • Pupils will apply a refined understanding of running for speed, pacing, throwing and jumping for distance. Key Success Criteria • Pupils will demonstrate an advanced understanding of how to apply the correct technique in each event and why the correct technique is so important. 	<ul style="list-style-type: none"> • The unit of work will challenge pupils to apply their knowledge, understanding and skills into a series of competitions. • Pupils will experience competition across all of the different areas of athletics that they have explored. • Pupils will have to work hard individually to apply the correct technique as well as 	

			collaborating in teams.	
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