

**PE
YEAR GROUP**

EYFS

Term 1.1

Sport	Vocab	Key Skills	Outcomes	Sport Specific knowledge
Walking 1	Defender Walking Marching Change of direction: Tag:	Pupils will develop their ability to walk and move into space, change direction, and keep away from the defenders. Pupils will develop an understanding of why we move into space as they explore moving and walking.	The unit of work will explore walking using different body parts in different directions, at different levels and at different speeds. Pupils will learn how to apply their walking skills into games.	

Term 1.2

Sport	Vocab	Knowledge	Outcomes	Sport Specific knowledge
High, low, under and over	Champion Gymnastics: Shapes: High Low Over Under Apparatus Transition	Pupils will be able to move and balance in high and low ways, applying champion gymnastics criteria, both on the floor and on apparatus. Pupils will experiment moving their bodies in a variety of ways on the floor and on apparatus.	The unit of work will explore 'champion gymnastics'. Pupils will create movements and balances in high and low ways on the floor and on apparatus. Pupils will self-select where to work, exploring movements and balances and start to identify features of other pupil's work.	

Term 2.1				
Sport	Vocab	Knowledge	Outcomes	Sport Specific knowledge
Hands 1	Space Control Defender Bouncing Rolling Pushing	<p>Pupils will develop their ability to push, roll and bounce a ball with control.</p> <p>They will learn to move the ball into spaces, avoiding defenders.</p> <p>Pupils will develop their concentration skills by focusing on the ball as they move it.</p> <p>Pupils will use their imagination as they take part in game activities.</p>	<p>The unit of work will explore different ways of using our hands to move with a ball, keeping control. Pupils will explore rolling, pushing and bouncing a ball with a partner.</p>	
Term 2.2				
Feet 1	Vocab	Knowledge	Outcome	Sports Specific Knowledge
	Attacker Defender Space Opponent Dribbling Control	<p>Pupils will develop their ability to dribble the ball keeping control. Pupils will move the ball into spaces avoiding any defenders. Pupils will apply developing concentration skills as they focus on the ball and listen to all the instructions.</p>	<p>The unit of work will enable pupils to explore moving with a ball using their feet. Pupils will develop their technique of dribbling the ball and understand where and why we dribble, keeping control.</p>	

Term 3.1				
Games for understanding	<p>Vocab</p> <p>Attackers Defender Space Riles Tagging and tag Sharing</p>	<p>Knowledge</p> <p>Pupils will be able to move into spaces avoiding other pupils.</p> <p>Pupils will also be able to adjust their speed and change direction to avoid other pupils.</p> <p>Pupils will experiment moving in different ways, moving confidently, and concentrating on any instructions.</p>	<p>Outcome</p> <p>The unit of work will explore why we need to follow the rules and keep the score during a game. Pupils will learn how to apply very simple tactics for attacking and defending in games.</p>	Sports Specific knowledge
Term 3.2				
<p>Dance with Becky</p> <p>Nursery rhymes</p>	<p>Vocab</p> <p>Champion dancers Beat Moving Control Rhythm Timing Sequence Tempo</p>	<p>Knowledge</p> <p>Pupils will move their bodies with big actions linked to the nursery rhymes.</p> <p>Pupils will develop their curiosity and imagination as they experiment moving in different ways.</p>	<p>Outcome</p> <p>The unit of work will enable pupils to explore creating simple movement sequences that relate to specific words in different nursery rhymes. Pupils will add movements together to form sequences and begin to explore character movements with a partner.</p>	Sports Specific knowledge